

PM

2019 VHSL Class 5 State Indoor T & F Championships - 2/22/2019 to 2/23/2019
 Boo Williams Sportsplex
 Results

Girls 55 Meter Dash Class 5

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BWSP Facilit: B 6.87 1/7/2011 Keilah Tyson, Western Branch
BWSP Facilit: B 6.87 2/24/2018 Hannah Waller, South Lakes
Meet Record: M 6.99 2/25/2017 Syaira Richardson, Nansemond Ri
Name Year School Prelims H#
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Preliminaries

1	Hasberry, Junyce	11	Maury High S	7.05q	4	
2	Jarrett, Makhia	11	Salem (Virgi	7.07q	3	
3	Donaldson, Brene'	12	Nansemond Ri	7.10q	2	
4	Snow, Morgan	11	North Staffo	7.15q	1	
5	Armstrong, Eleyah	10	Bethel	7.16q	4	
6	Pyatt, Aaliyah	10	Massaponax	7.18q	1	
7	Thorpe, Alicia	11	Highland Spr	7.25q	4	
8	Smith, Jada	10	Glen Allen H	7.27q	2	
9	Nagbe, Pearl	12	Hermitage	7.28q	1	7.279
10	Ross, Kamryn	12	Highland Spr	7.28q	4	7.276
11	Freeman, Lauryn	12	Nansemond Ri	7.32q	3	
12	Robinson, Lauren	11	Henrico	7.35q	3	
13	Hall, Heaven	9	Maury High S	7.36	4	
14	Wynder-Hill, Jaelynn	9	Norview	7.36	3	
15	Still, Naudia	12	Hickory High	7.40	2	
16	Metcalfe, Syvanna	12	Potomac Seni	7.45	1	
17	Tiong, Samantha	10	Freedom (Sou	7.47	2	
18	Evans, Destini	10	Maury High S	7.51	2	
19	Simon, Kennedy	12	Rock Ridge H	7.53	1	
20	Thompson, Giovana	11	Bethel	7.60	3	
21	Polk, Leah	12	Rock Ridge H	7.61	1	

Girls 55 Meter Dash Class 5

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BWSP Facilit: B 6.87 1/7/2011 Keilah Tyson, Western Branch
BWSP Facilit: B 6.87 2/24/2018 Hannah Waller, South Lakes
Meet Record: M 6.99 2/25/2017 Syaira Richardson, Nansemond Ri
Name Year School Finals H#
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Finals

1	Hasberry, Junyce	11	Maury High S	7.00	2
2	Jarrett, Makhia	11	Salem (Virgi	7.07	2
3	Donaldson, Brene'	12	Nansemond Ri	7.10	2
4	Armstrong, Eleyah	10	Bethel	7.14	2
5	Pyatt, Aaliyah	10	Massaponax	7.14	2
6	Snow, Morgan	11	North Staffo	7.17	2
7	Thorpe, Alicia	11	Highland Spr	7.21	1
8	Freeman, Lauryn	12	Nansemond Ri	7.22	1
9	Smith, Jada	10	Glen Allen H	7.23	1
10	Nagbe, Pearl	12	Hermitage	7.28	1
11	Ross, Kamryn	12	Highland Spr	7.30	1
12	Robinson, Lauren	11	Henrico	7.48	1

Girls 300 Meter Dash Class 5

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BWSP Facilit:		B 38.26	2/25/2017	Syaira Richardson, Nansemond River
Meet Record:		M 38.26	2/25/2017	Syaira Richardson, Nansemond Ri
Name	Year	School	Finals	H#
=====				
1	Wilson, Britton	12 Mills Godwin	38.46	5
2	Jarrett, Makhia	11 Salem (Virgi	39.17	5
3	Carter, Kori	12 Nansemond Ri	39.27	5
4	Pyatt, Aaliyah	10 Massaponax	39.71	5
5	Barnes, Natalie	12 Stone Bridge	39.87	4
6	Snow, Morgan	11 North Staffo	40.19	4
7	Price, Star	11 Glen Allen H	40.58	5
8	Armstrong, Andraeh	9 Salem (Virgi	40.76	3
9	Metcalfe, Syvanna	12 Potomac Seni	41.13	2
10	Weigel, Erin	11 Kecoughtan	41.17	3
11	Barnes, Bahiyyah	12 Mills Godwin	41.26	4
12	McGinnis, Megan	10 Patrick Henr	41.32	4
13	Burzynski, Jordan	12 Mountain Vie	41.53	3
14	Moore, LaTia	10 Bethel	41.76	2
15	Ross, Kamryn	12 Highland Spr	41.82	4
16	Crawley, Gartasia	12 Highland Spr	41.95	3
17	Barnett, Jacelyn	12 Bethel	42.10	2
18	Burkley, Julia	12 Nansemond Ri	42.14	3
19	Foreman, Jada	9 Atlee	42.30	2
20	Smith, Jada	10 Glen Allen H	42.62	1
21	Callan, Jenna	9 Stone Bridge	43.42	1
22	Gray, Desairey	9 Princess Ann	43.50	2
23	Knowles, Taylor	12 Stone Bridge	43.69	1

Girls 500 Meter Dash Class 5

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BWSP Facilit:		B 1:11.78	2/27/2016	Lauryn Ghee, Grassfield
Meet Record:		M 1:12.52	2/24/2018	Britton Wilson, Mills Godwin
Name	Year	School	Finals	H#
=====				
1	Wilson, Britton	12 Mills Godwin	1:12.80	3
2	Pyatt, Aaliyah	10 Massaponax	1:15.46	3
3	Nagbe, Pearl	12 Hermitage	1:16.05	3
4	Weigel, Erin	11 Kecoughtan	1:16.94	3
5	Thorpe, Alicia	11 Highland Spr	1:17.84	2
6	McGinnis, Megan	10 Patrick Henr	1:19.50	3
7	Carpenter, L'Nya	11 L.C. Bird	1:19.56	2
8	Allen, Brittany	10 Menchville	1:20.00	2
9	Lane, Breauna	12 Varina	1:22.37	1
10	St. Amand, Madeline	9 Albemarle	1:22.60	2
11	Judd, Sydney	11 John Champe	1:22.66	1
12	Barnes, Bahiyyah	12 Mills Godwin	1:22.76	3
13	Williams, Madison	12 Hickory High	1:23.80	2
14	Catlett, Emily	10 Massaponax	1:25.30	2
15	Kuni, Emily	10 Freedom (Sou	1:26.69	1
16	Federovich, Mia	9 Falls Church	1:29.38	1

Girls 1000 Meter Run Class 5

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BWSP Facilit:		B 2:47.02	2/25/2017	Rachel McArthur, Patriot HS

Meet Record: M 2:57.81 2/25/2017 Heather Holt, George C. Ma

Name	Year	School	Finals	H#
1 Snow*, Lily	12	Deep Run	2:58.21	2
2 Riddick, Arionne	11	Menchville	3:01.53	2
3 Gordon, Ava	9	Rock Ridge H	3:02.31	2
4 Stiles, Maeve	11	Maury High S	3:02.55	2
5 Muller, Suzie	11	Stone Bridge	3:02.56	2
6 Hager, Rachel	12	Glen Allen H	3:02.57	2
7 Sanborn, Janie	9	Deep Run	3:03.02	2
8 Dillman, Kenzie	9	Deep Run	3:04.13	2
9 Rudd, Riley	12	Glen Allen H	3:10.03	1
10 Madireddy, Mythri	10	John Champe	3:10.11	1
11 Miller, Hannah	12	Harrisonburg	3:16.13	1
12 Abdous, Iman	10	Maury High S	3:16.73	1
13 Peterson, Laura	10	Mountain Vie	3:17.27	1
14 Kosco, Kayla	11	Massaponax	3:17.46	1
15 Heckman, Amanda	11	Albemarle	3:23.20	1

Girls 1600 Meter Run Class 5

BWSP Facilit: B 4:51.30 3/10/2015 Kate Murphy, Lake Braddock

Meet Record: M 5:01.74 2/27/2016 Heather Holt, George C. Marshall

Name	Year	School	Finals	H#
1 Snow*, Lily	12	Deep Run	4:55.20M	2
2 Graham, Bethany	11	John Champe	4:56.72M	2
3 Stiles, Maeve	11	Maury High S	5:06.49	2
4 Zarzyski, Elynore	12	Albemarle	5:21.99	1
5 Jayaraj, Marianne	9	John Champe	5:22.41	2
6 Abdous, Iman	10	Maury High S	5:23.49	2
7 Puleo, Sierra	10	Lee-Davis	5:25.49	2
8 Zarzyski, Madelyne	11	Albemarle	5:26.50	1
9 Garvie, Lola	9	Massaponax	5:27.49	1
10 Neely, Hillary	12	Douglas Free	5:29.24	1
11 Leach, Sarah	11	Albemarle	5:30.00	1
12 Semon, Taylor	11	Rock Ridge H	5:30.72	1
13 Morrissey, Amanda	12	Mills Godwin	5:30.85	2
14 Abielmona, Sasha	11	Glen Allen H	5:31.04	1
15 Kinka, Sarah	11	Princess Ann	5:38.81	1
16 Miller, Hannah	12	Harrisonburg	5:40.38	2

Girls 3200 Meter Run Class 5

BWSP Facilit: B 10:24.07 3/1/2014 Caroline Alcorta, Cosby

Meet Record: M 10:53.79 2/25/2017 Doria Martingayle, Princess Ann

Name	Year	School	Finals
1 Graham, Bethany	11	John Champe	10:46.95M
2 DeBoer, Arianna	10	Albemarle	11:30.51
3 Puleo, Sierra	10	Lee-Davis	11:35.71
4 Neely, Liza	11	Douglas Free	11:35.83
5 Potter, Rachael	12	Glen Allen H	11:44.39
6 Szabos, Sydney	11	Thomas Jeffe	11:48.55
7 Gagermeier, Lauren	10	Falls Church	11:51.80
8 Henderson, Blake	10	Mills Godwin	11:55.89
9 Leach, Sarah	11	Albemarle	12:01.77

10 Lecker, Olivia	11 John Champe	12:06.79
11 Wunderly, Emma	9 Mountain Vie	12:21.42
12 Villarreal, Zoe	9 Menchville	12:25.10
13 O'Beirne, Cara	10 Gloucester H	12:38.04
-- Warden, Logan	10 Princess Ann	FS

Girls 55 Meter Hurdles Class 5

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 BWSP Facilit: B 7.75 2/24/2018 Shadajah Ballard, Western Branch
 Meet Record: M 7.83 2/27/2016 Brandee' Johnson, Nansemond River
 Name Year School Prelims H#

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 Preliminaries

1 Carter, Kori	12 Nansemond Ri	8.00q	3	
2 Still, Naudia	12 Hickory High	8.00q	1	
3 Donaldson, Brene'	12 Nansemond Ri	8.11q	2	
4 Saunders, Jahnelle	10 Bethel	8.29q	3	
5 Barnes, Natalie	12 Stone Bridge	8.38q	3	8.375
6 Freeman, Lauryn	12 Nansemond Ri	8.38q	2	8.379
7 Tiong, Samantha	10 Freedom (Sou	8.56q	1	
8 Brooks, Shani	12 Maury High S	8.65q	2	
9 Foreman, Jada	9 Atlee	8.80q	2	
10 Spencer, Kayla	12 Highland Spr	8.83q	2	
11 Collier, Devyn	9 Matoaca High	8.84q	1	
12 Sesay, Isha	11 Brooke Point	8.91q	1	
13 Saunders, Dejah	12 Brooke Point	8.92	3	
14 Topchy, Annika	9 Thomas Jeffe	9.29	1	
15 Snodgrass, Hannah	12 Orange Count	10.77	3	
-- Scott-McKoy, Tre'Breh	12 Nansemond Ri	FS	1	

Girls 55 Meter Hurdles Class 5

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 BWSP Facilit: B 7.75 2/24/2018 Shadajah Ballard, Western Branch
 Meet Record: M 7.83 2/27/2016 Brandee' Johnson, Nansemond River
 Name Year School Finals H#

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 Finals

1 Carter, Kori	12 Nansemond Ri	7.96	2
2 Donaldson, Brene'	12 Nansemond Ri	8.15	2
3 Still, Naudia	12 Hickory High	8.24	2
4 Freeman, Lauryn	12 Nansemond Ri	8.31	2
5 Saunders, Jahnelle	10 Bethel	8.39	2
6 Barnes, Natalie	12 Stone Bridge	8.43	2
7 Brooks, Shani	12 Maury High S	8.65	1
8 Tiong, Samantha	10 Freedom (Sou	8.70	1
9 Foreman, Jada	9 Atlee	8.71	1
10 Spencer, Kayla	12 Highland Spr	8.84	1
11 Collier, Devyn	9 Matoaca High	9.53	1

Girls 4x200 Meter Relay Class 5

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 BWSP Facilit: B 1:40.48 1/8/2011 Western Branch, Western Branch
 Williams, Lee, Taylor, Tyson
 Meet Record: M 1:42.47 2/25/2017 Nansemond River, Nansemond Ri
 J Tilmon, T Scott-McKoy, A Monroe, B Donaldson
 School Finals H#

1	Salem (Virginia Beach)	'A'	1:42.30M	4
2	Nansemond River	'A'	1:43.44	4
3	Maury High School	'A'	1:43.87	3
4	Bethel	'A'	1:44.14	3
5	Glen Allen High School	'A'	1:44.81	4
6	Norview	'A'	1:46.06	3
7	Princess Anne High School	'A'	1:47.67	3
8	Potomac Senior High School	'A'	1:47.91	3
9	Thomas Edison	'A'	1:48.38	1
10	Matoaca High School	'A'	1:48.95	2
11	Highland Springs	'A'	1:49.20	4
12	Patrick Henry (Roanoke)	'A'	1:49.50	2
13	Albemarle	'A'	1:50.84	1
14	Rock Ridge High School	'A'	1:51.47	1
15	Stone Bridge	'A'	1:52.27	2
16	Hermitage	'A'	1:52.71	2
17	Mills Godwin	'A'	1:52.82	4
18	L.C. Bird	'A'	1:53.44	2

Girls 4x400 Meter Relay Class 5

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BWSP Facilit: B 3:50.88 2/23/2013 Woodbridge, Woodbridge
K Badham, O Coopwood, J Christian, F Suber

Meet Record: M 3:54.78 2/25/2017 Nansemond River, Nansemond Ri
K Carter, S Parks, L Freeman, S Richardson

School	Finals	H#		
1	Nansemond River	'A'	3:56.83	3
2	Highland Springs	'A'	4:01.09	3
3	Mills Godwin	'A'	4:03.11	2
4	Maury High School	'A'	4:05.48	3
5	Menchville	'A'	4:05.84	3
6	Stone Bridge	'A'	4:06.62	2
7	Glen Allen High School	'A'	4:07.18	3
8	Hickory High School	'A'	4:09.60	3
9	Albemarle	'A'	4:11.56	2
10	Mountain View	'A'	4:13.00	1
11	L.C. Bird	'A'	4:13.29	2
12	John Champe High School	'A'	4:14.05	1
13	Hermitage	'A'	4:15.91	2
14	Falls Church	'A'	4:19.36	1
15	Massaponax	'A'	4:23.78	1

Girls 4x800 Meter Relay Class 5

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BWSP Facilit: B 9:11.35 2/22/2013 Lake Braddock, Lake Braddoc
K Kunc, H Christen, K Roche, S Chase

Meet Record: M 9:27.25 2/23/2018 Albemarle, Albemarle
G. Williams, R. Lloyd, N. Li, R. Helmers

School	Finals		
1	John Champe High School	'A'	9:36.10
2	Deep Run	'A'	9:36.16
3	Menchville	'A'	9:44.87
4	Glen Allen High School	'A'	9:44.92
5	Albemarle	'A'	10:01.62
6	Douglas Freeman	'A'	10:02.68

7 Mountain View 'A'	10:06.32
8 Hickory High School 'A'	10:06.46
9 Massaponax 'A'	10:14.47
10 Atlee 'A'	10:21.35
11 Thomas Edison 'A'	10:22.17
12 Freedom (South Riding) 'A'	10:26.21
13 Maury High School 'A'	11:14.98

Girls High Jump Class 5

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 BWSP Facilit: B 5-10 2/24/2017 Sydney Banks, Osbourn Park
 Meet Record: M 5-06 3/9/2015 Nicie Grier-spratley, Thomas Edison

Name	Year	School	Finals
1 Saunders, Jahnelle	10	Bethel	5-06.00M
2 Foreman, Jada	9	Atlee	5-04.00
3 Scott-McKoy, Tre'Breh	12	Nansemond Ri	J5-04.00
4 Ellison-Johnson, Jadah	12	J.R. Tucker	5-02.00
4 Lyons, Khaila	12	Potomac Seni	5-02.00
6 Brooks, Shani	12	Maury High S	5-00.00
7 Reeves, Jada	12	Orange Count	4-10.00
7 Seitz, Mariposa	10	Douglas Free	4-10.00
7 Paine, Kyla	9	Nansemond Ri	4-10.00
7 Dandridge, Anna	11	Patrick Henr	4-10.00
7 Barrington, Keyanna	12	Nansemond Ri	4-10.00
7 Hawkins, Raquel	12	Maury High S	4-10.00
-- Roe, Zayin	11	Henrico	NH
-- Robinson, Brooklyn	9	Prince Georg	NH
-- Sow, Sammie	10	Potomac Seni	NH
-- Snodgrass, Hannah	12	Orange Count	NH
-- Harris, Daija	12	Orange Count	NH
-- Henderson, Chyna	9	Hermitage	NH
-- Donaldson, Brene'	12	Nansemond Ri	NH
-- Jackson, Aanykka	10	Norview	NH
-- Pellot-Rosa, Jessika	9	L.C. Bird	NH
-- Huynh, Nali	12	Thomas Jeffe	NH

Girls Pole Vault Class 5

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 BWSP Facilit: B 13-01.50 2/25/2011 Cameron Overstreet, Atlee
 Meet Record: M 12-06 2/23/2018 Gennifer Hirata, Stafford

Name	Year	School	Finals
1 Hirata, Gennifer	12	Stafford Hig	13-05.00B
2 Tershak, Abby	11	Patrick Henr	11-00.00
3 Macecevic, jamie	11	North Staffo	J11-00.00
4 Rice*, Alyssa	11	Lee-Davis	J11-00.00
5 Baham, Meredith	9	Glen Allen H	J11-00.00
6 McCarty, Cameron	12	Douglas Free	10-06.00
7 Askleson, Amber	10	Brooke Point	10-00.00
8 Hooks, Destiny	12	Maury High S	J10-00.00
9 Moore, Emma	12	Atlee	9-06.00
10 Miller, Ainsley	11	Gloucester H	9-00.00
10 Ogork, Alessa	12	Thomas Ediso	9-00.00
10 Baumgartner, Alexis	10	Thomas Ediso	9-00.00
10 Love, Tabitha	12	Indian River	9-00.00
14 Hearn, Meredith	11	Douglas Free	8-06.00

Girls Shot Put Class 5

=====
 BWSP Facilit: B 48-04.75 2/17/2012 Kiara Howell, Grassfield
 Meet Record: M 40-08.75 2/28/2014 Shania Williams, Patrick Henry
 Name Year School Finals

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 1 Davis, Jalani 12 Bethel 42-09.50M
 2 Mann*, Megan 11 Lee-Davis 41-02.75M
 3 Davis, Midajah 11 Patrick Henr 40-02.00
 4 Holliday, Gabrielle 12 J.R. Tucker 39-03.00
 5 Holmes, Nykaiya 12 Matoaca High 38-07.25
 6 Tompkins, Jasmine 12 Orange Count 38-01.50
 7 Matalatula, Like 10 J.R. Tucker 37-02.00
 8 Newby, Katelyn 11 Kempsville H 36-08.50
 9 Brown, Nia 10 Bethel 35-10.75
 10 Johnson, Adrena 12 J.R. Tucker 35-01.00
 11 Simmons, Aniya 12 Indian River 33-10.00
 12 Allen, Iva 12 Matoaca High 33-05.75
 13 Anderson, Jada 10 Hampton 32-06.50
 14 Moobe, Aisha 10 John Champe 31-11.75
 15 Stiell, Zenobia 12 J.R. Tucker 31-03.75
 16 Moore, Latarsha 10 Bethel 30-02.00
 17 Williams, Kendra 12 Mountain Vie 30-01.00
 18 Martinez, Lamiyah 9 Highland Spr 29-11.00
 19 Richardson, Kayla 10 Matoaca High 29-07.00
 20 Marquez-Aguilar, Andrea 10 Robert E. Le 28-10.25
 21 Kidwell, Veronica 10 Stone Bridge 28-08.50

Boys 55 Meter Dash Class 5

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 BWSP Facilit: B 6.21 2/27/2016 Joshephus Lyles, T. C. Williams
 Meet Record: M 6.31 3/1/2014 Marcus Taylor, Highland Springs
 Name Year School Prelims H#

Preliminaries

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 1 Harding, Javonte' 11 Prince Georg 6.42q 4
 2 Ahouman, Bryan 11 Potomac Seni 6.44q 2
 3 Pierce, Eric 11 Hermitage 6.49q 4
 4 Lincoln, Zayquan 12 Norview 6.50q 1
 4 Payoute, Jaden 12 L.C. Bird 6.50q 3 6.493
 6 Johnson, Kevin 12 Nansemond Ri 6.56q 1 6.493
 7 Smith*, RayQuan 12 Highland Spr 6.59q 3
 8 Davis, Dion 11 Norview 6.61q 2
 9 Cromwell, Desean 12 Indian River 6.63q 3
 10 thomas, anthony 12 Prince Georg 6.66q 2
 11 Karen, Max 11 John Champe 6.67q 2
 12 Scott, Rashad 12 Kempsville H 6.68q 1
 13 Benjamin, Jean 12 Stafford Hig 6.69 4
 14 Lassiter II, Darren 12 Hampton 6.69 1
 15 Hodges, Marcus 10 Meadowbrook 6.70 4
 16 Ricks, Joshua 10 Green Run 6.71 3
 17 Pellot, Manuel 12 North Staffo 6.72 4
 18 Petties, Jurrell 11 Potomac Seni 6.84 2
 19 Kennedy, Jackson 11 John Champe 6.87 1

Boys 55 Meter Dash Class 5

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BWSP Facilit: B 6.21 2/27/2016 Joshephus Lyles, T. C. Williams
 Meet Record: M 6.31 3/1/2014 Marcus Taylor, Highland Springs

Name	Year	School	Finals	H#
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Finals

1	Harding, Javonte'	11	Prince Georg	6.41	2
2	Payoute, Jaden	12	L.C. Bird	6.43	2
3	Smith*, RayQuan	12	Highland Spr	6.54	1
3	Lincoln, Zayquan	12	Norview	6.54	2
5	Pierce, Eric	11	Hermitage	6.56	2
6	thomas, anthony	12	Prince Georg	6.58	1
7	Ahouman, Bryan	11	Potomac Seni	6.61	2
8	Cromwell, Desean	12	Indian River	6.64	1
9	Davis, Dion	11	Norview	6.65	1
10	Karen, Max	11	John Champe	6.67	1
11	Scott, Rashad	12	Kempsville H	6.74	1

Boys 300 Meter Dash Class 5

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BWSP Facilit: B 33.05 2/23/2013 Michael Cherry, Oscar Smith
 Meet Record: M 34.60 2/25/2017 Edward Richardson III, Bethel

Name	Year	School	Finals	H#
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1	Richardson III, Edward	12	Bethel	34.31M	4
2	Mitchell Jr, Johnathan	12	Bethel	34.75	5
3	Reeves, Dashon	11	Potomac Seni	35.15	5
4	Harding, Javonte'	11	Prince Georg	35.18	5
5	Pierce, Eric	11	Hermitage	35.25	5
6	Johnson, Kevin	12	Nansemond Ri	35.52	5
7	Martin, Robert	11	William Flem	35.57	4
8	Jackson, Tajai	12	William Flem	35.87	4
9	Ahouman, Bryan	11	Potomac Seni	35.88	4
10	Karen, Max	11	John Champe	35.90	4
11	Lassiter II, Darren	12	Hampton	35.92	2
12	Starr, Daniel	12	Albemarle	36.09	3
13	Grimes, Tony	10	Princess Ann	36.48	1
14	Ku, Conley	12	Falls Church	36.75	1
15	Gordon, Jeffrey	12	Brooke Point	37.21	2
16	Brown, Theodore	11	Massaponax	37.28	2
17	Kindall, Keyshawn	12	Rock Ridge H	37.29	3
18	Wilson, Braeden	12	Mills Godwin	37.31	3
19	Petties, Jurrell	11	Potomac Seni	37.34	3
20	Wynder-Hill, Camren	11	Norview	37.51	2
21	Calhoun, Charles	12	Potomac Seni	38.73	2

Boys 500 Meter Dash Class 5

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BWSP Facilit: B 1:02.61 2/5/2013 Michael Cherry, Oscar Smith
 Meet Record: M 1:04.84 3/10/2015 Devin Barnes, Hermitage

Name	Year	School	Finals	H#
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1	Richardson III, Edward	12	Bethel	1:04.13M	4
2	Ward, Jayson	9	L.C. Bird	1:05.48	4
3	Spencer, William	12	Highland Spr	1:06.68	3
4	Hill, Jeremiah	12	L.C. Bird	1:07.12	4
5	Hill, Josiah	12	L.C. Bird	1:07.21	4

6 Reeves, Dashon	11 Potomac Seni	1:07.49	4
7 Ross, Jordan	12 Bethel	1:07.53	3
8 Perkins, Jake	11 Douglas Free	1:09.11	3
9 Karen, Max	11 John Champe	1:09.64	2
10 Tamblre, Samuel	11 Albemarle	1:10.01	2
11 Hallowell, Gbanka	12 Potomac Seni	1:10.51	3
12 Brown, Theodore	11 Massaponax	1:10.84	2
13 Kruppa, Michael	11 Thomas Jeffe	1:10.91	1
14 McGirt, Caleb	11 Nansemond Ri	1:11.00	2
15 Mitchell Jr, Johnathan	12 Bethel	1:12.42	4
16 Hood, Amen	12 J.R. Tucker	1:13.79	3
17 Duvall, Tavo	10 Thomas Jeffe	1:13.90	1
18 Levin, Jordan	12 Rock Ridge H	1:14.86	1
19 Adams, Darian	12 Henrico	1:16.02	3

Boys 1000 Meter Run Class 5

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BWSP Facilit: B 2:26.44 2/25/2012 Ahmed Bile, Annandale				
Meet Record: M 2:30.80 2/25/2017 Waleed Suliman*, Douglas Free				
Name	Year School	Finals	H#	
=====				
1 Helmlinger, Kameron	12 Atlee	2:31.12	2	
2 Schindel*, Jake	12 Deep Run	2:31.99	2	
3 Clark, Jacob	12 Hickory High	2:33.14	2	
4 Solorzano, Anthony	12 Mountain Vie	2:36.80	1	
5 Gyuricsko, Tyler	11 Hickory High	2:36.82	1	
6 Sepulveda, Paul	12 Stafford Hig	2:37.13	2	
7 Sellors, Ian	10 Atlee	2:38.14	2	
8 Heldmann, Matthew	12 Atlee	2:38.36	2	
9 Gay, William	11 John Champe	2:39.58	1	
10 Concepcion, Kenneth	10 Deep Run	2:39.69	2	
11 Driscol, Dylan	9 Potomac Seni	2:39.84	1	
12 Mahon, Brandon	12 Albemarle	2:40.04	1	
13 Martin, Conor	12 John Champe	2:41.95	1	
14 West, Jonathan	11 Thomas Jeffe	2:44.20	1	
15 Pisa, Corey	11 L.C. Bird	2:44.53	1	

Boys 1600 Meter Run Class 5

=====				
BWSP Facilit: B 4:09.31 2/28/2009 Bobby Peavey, Kellam				
Meet Record: M 4:15.72 2/25/2017 Waleed Suliman*, Douglas Free				
Name	Year School	Finals	H#	
=====				
1 Ibrahim, Ali	12 Glen Allen H	4:23.91	2	
2 Sellors, Ian	10 Atlee	4:24.51	2	
3 Plummer, Jacob	10 L.C. Bird	4:24.95	2	
4 Burcham*, Colby	11 Deep Run	4:28.24	2	
5 Shackelford, Joshua	12 Gloucester H	4:29.11	2	
6 Sepulveda, Paul	12 Stafford Hig	4:34.38	2	
7 Brown, Patrick	12 Thomas Ediso	4:35.25	1	
8 Borden, Ryan	10 Freedom (Sou	4:35.62	2	
9 Tull, Michael	9 Deep Run	4:35.94	1	
10 Holtzman, Joshua	12 Glen Allen H	4:37.46	1	
11 Swinton, Akel	11 Bethel	4:37.55	1	
12 Carcamo-Reyes, Angel	11 Robert E. Le	4:37.81	1	
13 Johnson, Devin	11 Glen Allen H	4:37.98	2	
14 Notgrass, Nathan	11 Stafford Hig	4:38.20	2	

15	Bendura, Jordan	11	Deep Run	4:38.58	1
16	Carter, Wade	11	Glen Allen H	4:41.03	1
17	Baker, Tanner	9	Gloucester H	4:41.12	1
18	Lauffenberger, Kyle	11	John Champe	4:41.80	2
19	Jackson, Ben	12	Glen Allen H	4:42.91	2
20	Beck, David	10	Harrisonburg	4:46.77	1

Boys 3200 Meter Run Class 5

=====					
BWSP Facilit: B 9:06.61 2/23/2013 Louis Colson, Thomas Ediso					
Meet Record: M 9:16.36 3/10/2015 Matthew Novak, Deep Run					
	Name	Year	School	Finals	H#
=====					
1	Plummer, Jacob	10	L.C. Bird	9:27.32	2
2	Mackenzie, Will	11	Albemarle	9:31.27	2
3	Ibrahim, Ali	12	Glen Allen H	9:31.53	2
4	Burcham*, Colby	11	Deep Run	9:31.77	2
5	Grace, Evan	12	Rock Ridge H	9:39.58	2
6	Mudd, Andrew	12	Atlee	9:41.13	2
7	Helmlinger, Kameron	12	Atlee	9:43.80	2
8	Martingayle, Jackson	12	Princess Ann	9:44.46	2
9	Hanner*, Jacob	12	Deep Run	9:51.80	2
10	Yung, Joe	10	Albemarle	9:59.83	1
11	Holtzman, Joshua	12	Glen Allen H	10:00.90	1
12	Swinton, Akel	11	Bethel	10:04.18	1
13	Huston, Cutter	12	Albemarle	10:05.71	1
14	MacKnight, J.D.	11	Albemarle	10:06.82	1
15	Brown, Patrick	12	Thomas Ediso	10:06.85	1
16	Stanley, Tucker	11	Thomas Jeffe	10:08.96	1
17	Smith, Clark	11	Freedom (Sou	10:15.69	1
18	Johnson, Devin	11	Glen Allen H	10:27.82	1
19	Cinnamon, Jackson	11	Princess Ann	10:32.32	1
20	Smith, Stephen	10	Albemarle	10:39.86	1
--	Naseh, Harris	11	Albemarle	DNF	2

Boys 55 Meter Hurdles Class 5

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BWSP Facilit: B 7.14 2/27/2016 Grant Holloway, Grassfield					
Meet Record: M 7.39 3/1/2014 Lee Warren*, Lee-Davis					
	Name	Year	School	Prelims	H#
=====					
Preliminaries					
1	Mitchell, Matthew	12	Potomac Seni	7.51q	4
2	Spencer, William	12	Highland Spr	7.70q	3
3	Wilson, Braeden	12	Mills Godwin	7.74q	2
4	Rice, Jack	11	Lee-Davis	7.79q	3
5	Smalls, Jai'veon	12	Highland Spr	7.80q	1
6	Allen, Timothy	11	William Flem	7.87q	4
7	Midgett, Keyandre	11	Highland Spr	7.91q	2
8	Johnson, James	11	Massaponax	7.93q	1
9	Findlay, Zavion	11	Hampton	8.00q	4
10	Adams, Darian	12	Henrico	8.01q	4
11	Midgett, Keyonte	12	Highland Spr	8.04q	2
12	Hunter, Matthew	11	Hickory High	8.12q	4
13	Osbourne, Jordan	11	Stafford Hig	8.21	2
14	Henderson, Jaiden	12	Highland Spr	8.27	3
15	Aiken, Jahmir	10	Bethel	8.29	3

16	Thomas, Kaieem	10	Salem (Virgi	8.29	1
17	Nguyen, Jason	11	Falls Church	8.30	3
18	Sutton, Joshua	12	Wakefield Hi	8.55	2
19	Kennedy, Jackson	11	John Champe	8.58	1

Boys 55 Meter Hurdles Class 5

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 BWSP Facilit: B 7.14 2/27/2016 Grant Holloway, Grassfield
 Meet Record: M 7.39 3/1/2014 Lee Warren*, Lee-Davis
 Name Year School Finals H#

Finals

1	Mitchell, Matthew	12	Potomac Seni	7.46	2
2	Wilson, Braeden	12	Mills Godwin	7.68	2
3	Spencer, William	12	Highland Spr	7.69	2
4	Midgett, Keyandre	11	Highland Spr	7.76	1
5	Rice, Jack	11	Lee-Davis	7.82	2
6	Midgett, Keyonte	12	Highland Spr	7.83	1
7	Findlay, Zavion	11	Hampton	7.84	1
8	Johnson, James	11	Massaponax	7.88	1
9	Allen, Timothy	11	William Flem	7.96	2
10	Smalls, Jai'veon	12	Highland Spr	8.01	2
11	Adams, Darian	12	Henrico	8.25	1
--	Hunter, Matthew	11	Hickory High	FS	1

Boys 4x200 Meter Relay Class 5

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 BWSP Facilit: B 1:28.06 2/23/2013 Forest Park, Forest Park
 J Washington, R Morgan, C Michie, M Williams
 Meet Record: M 1:30.03 2/24/2018 Potomac, Potomac
 B. Ahouman, D. Lewis, A. Cole, D. Reeves
 School Finals H#

1	Potomac Senior High School	'A'	1:31.56	4
2	Prince George High School	'A'	1:31.72	4
3	Norview	'A'	1:31.76	4
4	Highland Springs	'A'	1:32.37	4
5	Hermitage	'A'	1:32.72	3
6	Hampton	'A'	1:33.18	2
7	William Fleming	'A'	1:33.41	1
8	Stafford High School	'A'	1:33.65	3
9	Kecoughtan	'A'	1:33.92	3
10	Indian River High School	'A'	1:34.39	2
11	Maury High School	'A'	1:34.88	3
12	L.C. Bird	'A'	1:35.25	4
13	Albemarle	'A'	1:35.44	2
14	Nansemond River	'A'	1:35.46	2
15	Wakefield High School	'A'	1:35.63	1
16	Thomas Edison	'A'	1:35.98	1
17	Lee-Davis	'A'	1:37.52	2
18	John Champe High School	'A'	1:38.38	1
19	Bethel	'A'	1:41.66	3

Boys 4x400 Meter Relay Class 5

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 BWSP Facilit: B 3:22.50 2/23/2013 Oscar Smith High School, Oscar Smith
 X Collins, A Thompson, D Ringo, M Cherry

Meet Record: M 3:24.34 2/27/2016 Bethel, Bethel
 J Hagins, I Ellis, M Pittman, E Richardson III

School	Finals	H#
1 Bethel 'A'	3:22.88M	3
2 L.C. Bird 'A'	3:23.92M	3
3 Kecoughtan 'A'	3:26.74	3
4 William Fleming 'A'	3:27.98	3
5 Potomac Senior High School 'A'	3:32.73	3
6 Highland Springs 'A'	3:33.46	3
7 Menchville 'A'	3:34.19	2
8 Mountain View 'A'	3:34.28	1
9 Norview 'A'	3:34.93	2
10 Massaponax 'A'	3:35.30	2
11 J.R. Tucker High School 'A'	3:36.03	2
12 Stafford High School 'A'	3:36.80	2
13 Thomas Edison 'A'	3:38.97	1
14 Nansemond River 'A'	3:39.82	2
15 Robert E. Lee (Springfield) 'A'	3:41.57	1
16 Thomas Jefferson S&T 'A'	3:42.01	1

Boys 4x800 Meter Relay Class 5

BWSP Facilit: B 7:44.70 2/28/2009 Albermarle, Albemarle
 Bradley, Nobel, Kostelac, Vrhovac
 Meet Record: M 7:55.90 3/9/2015 Manchester, Manchester
 D. Lucas, A. Akright, J. Hewitt, B. Taminger

School	Finals
1 L.C. Bird 'A'	8:01.76
2 Atlee 'A'	8:04.41
3 Deep Run 'A'	8:04.84
4 Bethel 'A'	8:11.76
5 John Champe High School 'A'	8:12.83
6 Albemarle 'A'	8:16.70
7 Hickory High School 'A'	8:18.12
8 Gloucester High School 'A'	8:24.14
9 Douglas Freeman 'A'	8:24.24
10 Freedom (South Riding) 'A'	8:25.13
11 Potomac Senior High School 'A'	8:28.24
12 Harrisonburg 'A'	8:30.71
13 Thomas Jefferson S&T 'A'	8:33.79
14 Glen Allen High School 'A'	8:34.21

Boys High Jump Class 5

BWSP Facilit: B 7-01 1/9/2014 Steven Dunbar, Tallwood
 Meet Record: M 6-06 2/26/2016 Spencer O'Neill, Massaponax
 Meet Record2: M 6-06 2/24/2018 Cason Gardner, Atlee

Name	Year School	Finals
1 Sutton, Joshua	12 Wakefield Hi	6-04.00
2 Waller, Jaden	10 Halifax Coun	J6-04.00
3 Pellot, Manuel	12 North Staffo	J6-04.00
4 Midgett, Keyonte	12 Highland Spr	6-02.00
5 Payoute, Jaden	12 L.C. Bird	J6-02.00
6 Avalos, Kaegan	12 Rock Ridge H	J6-02.00

7 Browne, Kobina	12 Rock Ridge H	6-00.00
7 Thomas, Kaieem	10 Salem (Virgi	6-00.00
9 West, Kahlil	12 William Flem	J6-00.00
9 Dunkelberger, Wade	11 Stone Bridge	J6-00.00
11 Kindall, Keyshawn	12 Rock Ridge H	5-10.00
11 Suggs, Elijah	12 Orange Count	5-10.00
13 Evans, Duncan	11 Rock Ridge H	J5-10.00
13 Howard, Antonio	12 Bethel	J5-10.00
15 Epps, Nile	10 Hampton	J5-10.00
16 Karen, Max	11 John Champe	J5-10.00
17 Spencer, William	12 Highland Spr	J5-10.00
17 Ford, Osiris	11 Norview	J5-10.00
19 Golden, Tyga	10 Potomac Seni	J5-10.00
19 Hill, Andrew	12 Hickory High	J5-10.00
21 Neville, Jordan	11 Hermitage	5-08.00
21 Dubois, Christian	12 Nansemond Ri	5-08.00
23 Mitchell, Matthew	12 Potomac Seni	J5-08.00
23 Jackson, Joseph	11 Bethel	J5-08.00
25 Renwick, Tejan	11 Thomas Ediso	J5-08.00
25 Martin, Payton	12 Albemarle	J5-08.00
25 Jones, Jaedon	12 Highland Spr	J5-08.00
-- Larson, Josh	11 Atlee	NH
-- Lambros, Elijah	10 Stafford Hig	NH
-- Ross, Jordan	12 Bethel	NH
-- Plummer, Jaiven	9 Massaponax	NH
-- McGirt, Caleb	11 Nansemond Ri	NH
-- Midgett, Keyandre	11 Highland Spr	NH

Boys Pole Vault Class 5

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BWSP Facilit: B 16-05 2/23/2018 William Chapman, Atlee
 Meet Record: M 16-05 2/23/2018 William Chapman, Lee-Davis
 Meet Record2: M 14-06 Mark Miller

Name	Year	School	Finals
1 Fleming, Aidan	12	Mills Godwin	14-10.00M
2 Thumma, John	12	Atlee	14-06.00M
3 Duegaw, John	11	Atlee	J14-06.00M
4 Grubbs, Isaac	11	Lee-Davis	14-00.00
5 Ocetnik, Colton	10	Mountain Vie	13-00.00
6 Russell, Azziah	12	Mills Godwin	12-00.00
7 Patterson, Sam	11	Lee-Davis	J12-00.00
8 Conley, Alex	11	Falls Church	11-06.00
8 Cool, Justin	11	Hickory High	11-06.00
8 Wilson, Marques	12	Patrick Henr	11-06.00
11 Arvidson, Bowdie	12	Albemarle	11-00.00
-- Wilson, Dashawn	11	Norview	NH
-- Han, Justin	11	Thomas Jeffe	NH
-- Huang, Wenxi	12	Thomas Jeffe	NH

Boys Long Jump Class 5

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BWSP Facilit: B 24-11 2/27/2016 Grant Holloway, Grassfield
 Meet Record: M 23-10.50 2/25/2017 Donovan Louis, Potomac Seni

Name	Year	School	Finals
1 Mitchell, Tavon	12	Princess Ann	22-08.00

2 Wynder-Hill, Camren	11 Norview	J22-08.00
3 Beasley, Christopher	11 Maury High S	22-05.75
4 Payoute, Jaden	12 L.C. Bird	22-01.00
5 Midgett, Keyonte	12 Highland Spr	21-11.00
6 Scott, Rashad	12 Kempsville H	21-07.00
7 Howard, Antonio	12 Bethel	21-06.25
8 Henry, Mason	12 Glen Allen H	21-04.50
9 Sims, Sir Jonathan	9 Hermitage	21-01.00
9 Gaymon, Ronald	10 Stafford Hig	21-01.00
11 Midgett, Keyandre	11 Highland Spr	20-10.00
12 Ahouman, Bryan	11 Potomac Seni	20-09.75
13 Boatwright, Jashaad	12 Mountain Vie	20-09.50
14 Beckford, Taylor	12 Mountain Vie	20-09.25
15 Ramos, Aries	11 Kempsville H	20-06.50
16 Stewart-Muyundo, Alex	12 Hermitage	20-05.50
17 Mims, Jalen	12 Kempsville H	20-05.00
18 Allen, Timothy	11 William Flem	20-01.50
19 McGirt, Caleb	11 Nansemond Ri	20-00.25
20 Karen, Max	11 John Champe	19-08.00
21 Kennedy, Jackson	11 John Champe	19-04.50
22 Johnson, Ahsan	11 Norview	19-00.00
23 Anderson, Anthony	12 Hickory High	18-10.00
24 Jan, Sherzoy	11 Thomas Jeffe	18-06.50

Boys Triple Jump Class 5

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BWSP Facilit:	B 50-09.25	1/10/2014	John Warren, Prince George
Meet Record:	M 48-11	2/27/2014	John Warren, Prince George
Name	Year	School	Finals
=====			
1 Spencer, William	12	Highland Spr	48-04.50
2 Midgett, Keyonte	12	Highland Spr	47-07.50
3 Henry, Mason	12	Glen Allen H	47-05.50
4 Beckford, Taylor	12	Mountain Vie	45-04.50
5 Midgett, Keyandre	11	Highland Spr	45-01.50
6 Boatwright, Jashaad	12	Mountain Vie	44-11.00
7 Ramos, Aries	11	Kempsville H	44-05.00
8 Rice, Kavazia	12	Hampton	43-06.00
9 Hallowell, Gbanka	12	Potomac Seni	43-00.25
10 Mims, Jalen	12	Kempsville H	41-07.50
11 Lightbourne Jr., Ryan	10	Maury High S	41-03.00
11 Baskerville, Bryce	12	Massaponax	41-03.00
13 McGirt, Caleb	11	Nansemond Ri	40-07.00
14 Konecny, Ryan	12	Atlee	40-03.50
15 Kennedy, Jackson	11	John Champe	40-02.25
15 Mefford, Isaiah	11	Wakefield Hi	40-02.25
17 Lassiter II, Darren	12	Hampton	39-09.25
18 Anderson, Anthony	12	Hickory High	38-11.00
19 Hill, Andrew	12	Hickory High	38-09.25
20 Turner, Gabriel	10	Freedom (Sou	38-01.25
21 Ahouman, Bryan	11	Potomac Seni	37-03.75
-- Council, Jeramis	11	Hickory High	FOUL

Boys Shot Put Class 5

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BWSP Facilit:	B 68-00	2/25/2011	Isaiah Simmons, Woodbridge
Meet Record:	M 56-08	2/23/2018	Benjamin Clay III, Brooke Point

Name	Year School	Finals
1 Dunn-Ford, Garrett	12 Freedom (Sou	51-11.50
2 Quijano, Carlos	11 L.C. Bird	51-06.50
3 Chirchi, Nour	11 Thomas Ediso	50-07.25
4 Providence, Justin	11 Matoaca High	47-08.00
5 Soliman, Adam	11 Lee-Davis	47-07.00
6 Hill, Andrew	12 Hickory High	46-02.75
7 Smith*, RayQuan	12 Highland Spr	45-00.00
8 Mefford, Isaiah	11 Wakefield Hi	44-03.00
9 Harris, Elisha	11 Indian River	43-11.50
10 Bright, Chase	12 Kempsville H	43-07.75
11 Lee, Thomas	11 Halifax Coun	42-03.50
12 Dixon, Jaden	11 Mountain Vie	41-03.25
13 Brooks, Herbert	12 Halifax Coun	40-07.00
-- Alexander, Carlos	10 Hermitage	FOUL
-- Masters, Sam	11 Freedom (Sou	FOUL

Women - Class 5 - Team Rankings - 15 Events Scored

=====			
==			
1) Nansemond River	61	2) Maury High School	
52.50			
3) Bethel	37	4) John Champe High School	32
5) Deep Run	31	5) Salem (Virginia Beach)	31
7) Mills Godwin	28	8) Stone Bridge	24
8) Glen Allen High School	24	10) Lee-Davis	22
11) Highland Springs	20	12) Menchville	19
13) Albemarle	18	14) Patrick Henry (Roanoke)	
17.50			
15) Massaponax	17	16) Hampton	15
17) Atlee	14	18) North Stafford	12
19) J.R. Tucker High School	11.50	19) Douglas Freeman	
11.50			
21) Stafford High School	10	22) Hickory High School	8
22) Thomas Edison	8	24) Mountain View	6
24) Rock Ridge High School	6	24) Hermitage	6
27) Potomac Senior High School	5.50	28) Norview	5
28) Kecoughtan	5	28) Henrico	5
31) L.C. Bird	4	31) Matoaca High School	4
33) Orange County	3.50	34) Thomas Jefferson S&T	3
35) Falls Church	2	35) Brooke Point	2
35) Princess Anne High School	2	38) Kempsville High School	1
38) Freedom (South Riding)	1		

Men - Class 5 - Team Rankings - 15 Events Scored

=====			
==			
1) L.C. Bird	76	2) Highland Springs	
66.50			
3) Atlee	48	4) Bethel	47
5) Potomac Senior High School	35	6) Prince George High School	26
7) Deep Run	24	8) Glen Allen High School	23
9) Mills Godwin	21	10) Norview	
19.50			
11) Mountain View	18	12) Hickory High School	
15.33			

13) Lee-Davis	15	14) Hermitage	12
15) Wakefield High School	11	15) Freedom (South Riding)	11
15) Princess Anne High School	11	15) Albemarle	11
19) William Fleming	10	20) Rock Ridge High School	
8.50			
21) Halifax County	8	21) Thomas Edison	8
23) Stafford High School	7	24) Maury High School	6
24) North Stafford	6	24) Kecoughtan	6
24) Hampton	6	28) Matoaca High School	5
28) Gloucester High School	5	28) Kempsville High School	5
31) John Champe High School	4	32) Nansemond River	3
33) Menchville	2	34) Salem (Virginia Beach)	
1.50			
35) Douglas Freeman	1	35) Indian River High School	1
35) Massaponax	1	38) Patrick Henry (Roanoke)	
0.33			
38) Falls Church	0.33		